## GENERAL STYLE TIPS



- 1. Pick out clothes the night before
- 2. Have a go to dress and matching shoes for special occasions
- 3. Re-wear favourite outfit combinations, take pictures on your phone and save in a file 'My Wardrobe'
- 4. V-necks are generally flattering, slimming jawline, elongating the body drawing the eye downwards
- 5. Show off skin strategically
- 6. Choose good fabrics that drape well on your figure and feel good on
- 7. Wear slimming underwear for special occasions
- 8. Wear the corset size bra and update every 12 months
- 9. Experiment with mixing block colours
- 10. Use colour to uplift your spirits, to energise you, to give you confidence or to keep you calm
- 11. If you are afraid of colour, maybe start with shoes, belt or leather handbag
- 12. A silk scarf is always an elegant addition to an outfit
- 13. A signature piece or pieces of everyday jewellery and perhaps a watch that reflect your sense of style
- 14. Embrace hats for their functional use to protect and also to add another stylish element to an outfit
- 15. Moodbords via Pinterest are a great source of inspiration to gain a sense of how to elevate your natural sense of style
- 16. Create your own stylist emergency kit with safety pints/double sided tap/mini sewing kit
- 17. Add neutral tones in your shoes and clothes to mix and match your coloured pieces with
- 18. Dress for yourself and no one else!

COLOUR ME IN STYLING